

DoD Ergonomics Working Group NEWS



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BEST PRACTICE AWARD WINNER

Fleet Readiness Center East Reduces Injuries to Zero!

Moving an AV8 Wing can hurt you.

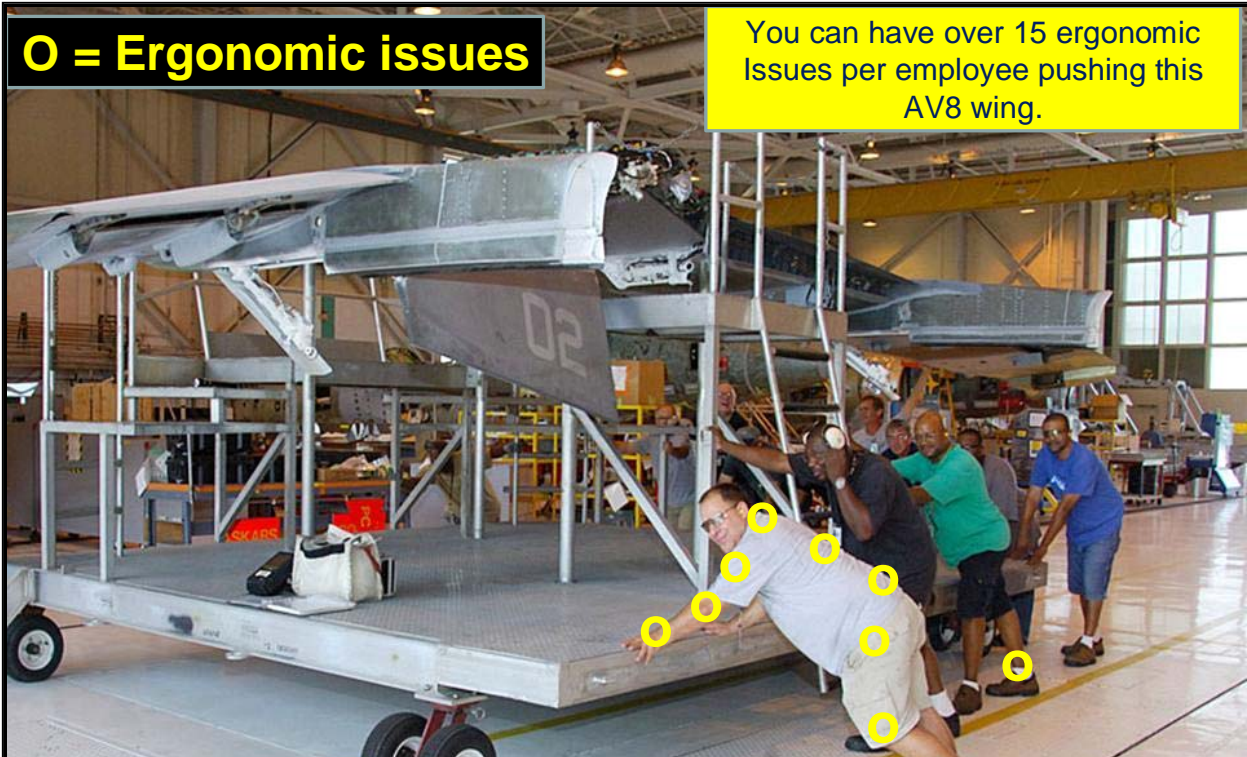
At Fleet Readiness Center East we have to move parts of all kinds around the depot. Moving an AV8 Wing around is just one example.



AV8 Wing Stand (It takes 11 employees to move it.)

O = Ergonomic issues

You can have over 15 ergonomic issues per employee pushing this AV8 wing.



Physical Risk Factors are:

- FORCE** –
- POSTURE** –
- REPETITION** –
- COMPRESSION** –
- DURATION** –

Not only are you dealing with the Ergonomic Physical Risk Factors but you're dealing with slips and trips and the loss of productivity due to 11 men being asked to stop work to help with the move.





**Not only can you use the Cart Caddy
for moving an AV8 wing, but many other items as well!**



With Ergonomics
“you” can lift your
Command to a new
Level in Safety, Quality
and Productivity



We have had a total of 29 injuries from 2007 - 2009 moving AV8 parts.
After purchasing the Cart Caddy, it has gone to zero (0) injuries in 2010.
When you consider the time it takes to call all 11 employees together to move the AV8
wing, it makes the purchase of the Cart Caddy at a cost of \$7500 a Win Win for
FRC-East. Not to mention using it to move all the other items .



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