

DoD Ergonomics Working Group NEWS



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www.ergoworkinggroup.org

Advanced Ergonomics Course 16-17 April—Edgewood, Maryland

If you completed the Army or Navy Applied Ergo Course and want more training, this opportunity is for you! The Advanced Ergo Course is an intensive session packed with practical skills-based training. You will learn how to use and when to apply numerous ergonomics assessment tools, including:

Checklists

- OSHA Administrative Ergo Checklists
- Washington State Checklist
- Quick Exposure Index (QEC)

Psychophysical Assessments

- Borg Scale
- Energy Expenditure Estimate

Task Analysis

Posture Analysis

- Ovako Worker Posture Analysis System (OWAS)

Upper Extremity Exertion Analysis

- Rapid Upper Limb Assessment (RULA)
- ACGIH Hand TLV
- Moore & Garg's Strain Index Job Analysis Method

Lifting Assessment

- Liberty Mutual Manual Material Handling Guide
- Military Standard 1472F
- NIOSH Lifting Equation

Your ergo skills tool cart
missing some tools?



Register today and find the tools that will improve your installation's Ergonomics Program. Go to <https://usachppm.apgea.army.mil/TrainCon/datePage.aspx> and scroll down to Advanced Ergonomics Course.